

## APCNA at the ACC 2014 in Washington: Guest of Honor: Dr. Eugene Braunwald.

On March 9th 2014, APCNA members had the distinct honor of having Dr. Braunwald as the Keynote Speaker for the occasion. Everyone present, felt the excitement of witnessing one the legendary teachers in Cardiology. For so many, it was a rare and once in a lifetime opportunity to experience it. The electricity in the room was nothing short of a celebrity event.

The title of his talk was “*The Ten Advances That Defined the Modern Cardiology*”, details and the video clips of the lecture are available at the APCNA website.

Dr. Eugene Braunwald at the APCNA was delighted to receive the traditional Peshawary robe, a seal of honor from APCNA membership.



Dr. Eugene Braunwald at the APCNA at the ACC meeting



Dr. Eugene Braunwald at the APCNA was presented with a traditional peshawary robe, a symbol of honor from APCNA membership.

## APCNA Winter Meeting 2014 in Pakistan



APCNA Winter Meeting in 2014 - Highlights



APCNA Delegate at the Indus Hospital, Karachi.



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# APCNA

Association of Pakistani-Descent Cardiologists of North America

March 2015

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## President's Message



Dear APCNA community,

We had a very fruitful trip to Pakistan in December 2014. It was a proud moment for us to represent you all over there. Following are the highlights of what we were able to achieve.

APCNA delegation/faculty started the trip with performing and discussing interventional cases with the local faculty at Chaudhry Pervaiz Elahi Institute of Cardiology Multan (CPEIC) on 12/20/14. Following this we went to Lahore and had a very productive APCNA-Allama Iqbal Medical College Joint Symposium at the medical college auditorium on 12/22/14 which was attended by the local students, residents and faculty. The collaborative work of APCNA with Rotary club and HBI (Heart Beat International) led to inauguration of two more pacemaker banks in Pakistan during this trip. First one on 12/23/14 at Shaikh Zayed Hospital, Lahore and second one on 12/25/14 at Indus Hospital, Karachi. Since then both sites have successfully implanted pacemakers. It is indeed a very proud moment for APCNA. Also, APCNA faculty were able to participate in challenging interventional cases with local faculty at both these locations. Finally, APCNA had a joint session with ACC and PCS (Pakistan Cardiac Society) during PCS meeting in Karachi on 12/26/14 in which APCNA faculty presented state of the art lectures to hundreds of attendees.

This year's APCNA delegation consisted of Dr Atique Mirza, Dr Javed Suleman, Dr Wamique Yusuf, Dr Syed Iqbal Rahmatullah, Dr Faryal Mirza, Dr Asif Rehman, Dr Najeeb Rehman and Dr Khurram Moin. All of us were not able to attend all the activities as they were performed in three different cities. Definitely, this was the biggest APCNA winter meeting yet. Hopefully you guys will be able to join us in the coming years. With common goals and shared vision, this work will continue Inshallah.

**Khurram Moin, MD, President APCNA**

### APCNA Nomination and Election Commission Report.

The Nominations and Election Committee (NEC) would like to inform the membership that the following members have been elected unopposed as office bearers of the Association for Year 2015-2016. The Committee has confirmed with these candidates their willingness to serve in the positions described below. The Executive Committee shall be introduced and take office at the Annual Meeting of the Association on March 14th, 2015, in San Diego, CA.

**President Elect:** Mushabbar Syed, MD, FACC (IL)

**Secretary:** Nadeem Ashfaq, MD, FACC (VA)

**Treasurer:** Saquib Samee, MD, FACC (VA)

## The APCNA Pacemaker Project

The Pacemaker Bank Project has achieved many milestones this year.

*“Vision, leadership and commitment, led to collaboration with other organizations with common goal to help patients deserving of this life-saving therapy.”*

- Wajid Baig, MD

Dear APCNA members,

The Pacemaker Bank Project has achieved many milestones this year:

In Karachi we have now implanted over 200 devices. These include ICD's, Single and Dual Chamber Pacemakers. In addition to Tabba Heart Institute and the NICVD, Indus Hospital is now an implant site of Heartbeat International-Pakistan. The Pacemaker Bank in Lahore was inaugurated Last December. Dr. Amber Malik and her Colleagues have started to implant free pacemakers at Sheikh Zayed Hospital in Lahore. This could not have happened without the support of Our Rotary Colleagues in Karachi and Mr. Syed Shamsi, our Rotary colleague in Lahore. Immad Sadiq and Atique Mirza were instrumental in making this happen. We are actively working on adding Lady Reading Hospital in Peshawar as an implant site for our APCNA-Rotary-HBI Pacemaker Bank.

The APCNA-Rotary-Nawab Khan Pacemaker Bank in Peshawar has implanted over 22 devices so far at Lady Reading Hospital. This project is supported by donations from our members, their family and friends. We are thankful to Dr. Naeem Khan who has been a true leader in getting this off the ground. Prof. Hafizullah and Rotarian Prof. Zafar Iqbal have donated tremendous time and effort in making this project a success.

We are also working on the Zakat Donated pacemaker project to start implanting devices in different charity hospitals as well. As this gets underway, we will be reaching out to all our members to help support this effort with their donations.

The success of this program has been possible due to the commitment of the APCNA Executive Committee, Senior members, Tabba Family, Rotarians Ovais Kohari, Rotarian Abdul Wahab Lakhani and our implanting Cardiologists in Pakistan. Without all of them, we could not have achieved these milestones. Our Cardiology Colleagues in Pakistan are generous enough to donate their time and expertise so these patients can get these life saving devices at no cost to the patient. I offer my sincere gratitude to all of them.

With the support of our APCNA members, their family and friends, we hope to continue expanding our project to many other cities in Pakistan.

**M. Wajid Baig MD FACC**  
Chair, Pacemaker Bank Project

## The APCNA Milestones 2014

- Pacemaker Bank in Karachi so far implanted over 200 devices.
- APCNA-Rotary-Nawab Khan Pacemaker Bank in Peshawar has implanted over 22 devices so far at Lady Reading Hospital.
- APCNA launched its Fourth Implantation Center of Pakistan Pacemaker Bank in Lahore on December 23, 2014. The inaugural ceremony was held at Shaikh Zayed Hospital auditorium.
- Third Implanting Site of APCNA - Rotary-HBI Pacemaker Bank inaugurated on December 25th, 2014 at Indus Hospital, Karachi.
- Successful Pacemaker Bank Fundraising events in Orlando and New York City in 2014.
- Heart-Healthy Lifestyle Educational Programs, Heartwalk and collaboration with APPNA.



Implanted our second device at Indus Hospital Karachi in a 70 yr. old patient from Khairpur. The implant's at Sheikh Zayed Hospital, Lahore have also started. We now have implant centers at Tabba Heart Institute, NICVD and Indus Hospital in Karachi and Sheikh Zayed Hospital in Lahore.

Our colleagues at Lady Reading Hospital in Peshawar have implanted 22 devices paid for by donations from our members and their families. Our hope is to add LRH as a HBI-Pakistan implant hospital very soon.

## The APCNA Annual Winter meeting in Pakistan

### The Highlights of the Very Productive APCNA Winter Meeting 2014

We had a very fruitful trip to Pakistan in Dec' 2014. Following are the highlights of what we were able to achieve. It was a proud moment for us to represent you all over there. Hopefully, you will be able to join us for the future meetings.

#### 1) APCNA & Chaudhry Pervaiz Elahi Institute of Cardiology Multan (CPEIC) Annual Winter Conference, On December 21st, 2014, in Multan, Pakistan

Symposium could not happen because of some misunderstanding about the date of the event. However, APCNA faculty were able to do and discuss cases with the local faculty/students. In the future, we will try to do this meeting again as a part of APCNA winter meeting.

#### 2) APCNA-Allama Iqbal Medical College Joint Symposium, On December 22nd, 2014 at Allama Iqbal Medical College, Lahore, Pakistan

APCNA held one day symposium at Allama Iqbal Medical College (AIMC)/Jinnah Hospital Lahore. Drs. Khurram Moin, Atique Mirza, Faryal Mirza and Najeeb Rehman represented APCNA. The CEO and the Principal AIMC Dr. Mahmood Shaukat inaugurated the conference. Drs. Sheheryar Sheikh and Saulat Siddiq presided the symposium. Professors. Drs. Zubair Akram, Nadeem H. Malik and Amber Malik represented the local faculty. Dr. Arslan Masood was the local organizer for the meeting

#### 3) APCNA-Rotary-HBI Pacemaker Bank Inauguration Ceremony in Lahore, Pakistan, On December 23rd, 2014, at Shaikh Zayed Hospital, Lahore, Pakistan

APCNA launched its Fourth Implantation Center of Pakistan Pacemaker Bank in Lahore on December 23, 2014. The inaugural ceremony was held at Shaikh Zayed Hospital auditorium. Kudos to the joint efforts of Rotary & Heartbeat International, Shaikh Zayed Hospital and APCNA for making this a resounding success! Not only was the inauguration ceremony held on December 23, 2014 but the first candidate patient for this bank also presented and identified the same day. The screening process was started



immediately by the SZH social work department. Drs. Khurram Moin, Immad Sadiq and Atique Mirza were present at this auspicious event representing APCNA. The reception hosted by the SZH team was a testament to their commitment to this project. APCNA congratulate all those who have helped this project materialize especially Dr. Wajid Baig, Mr. Wahab Lakhani, Mr. Ovais Kohari, Mr. Saeed Shamsi and Professors Amber Malik and Saulat Siddiq. This is a humble start of excellent things to come.

#### 4) Third Implanting Site of APCNA-Rotary-HBI Pacemaker Bank. - Inauguration Ceremony

On December 25th, 2014, at Indus Hospital Karachi APCNA's Continued effort in expanding its Pacemaker Bank to provide life-saving pacemakers to non-affording patients in Pakistan. The collaborative work of APCNA with Rotary Club, Heartbeat International and Indus Hospital Karachi finally came to fruition with opening of this pacemaker bank on 12/25/14. Also, APCNA faculty were able to do some challenging interventional cases along with the local faculty.

#### 5) APCNA with Pakistan Cardiac Society and ACC Joint Scientific Session at the CardioCon 2014 in Karachi, Pakistan, On December 26th, 2014

Live case from Cath Lab CHK/DUHS; Javaid Suleman & Khurram Moin along with local faculty Joint Scientific Session with Pakistan Chapter of ACC and APCNA Chairman: Dr Azhar Masood Faruqi, Prof. Masood Hameed Khan, Dr Khurram Moin, Dr Hafeezullah, Moderator: Dr Nadeem Qamar

STEMI in 2014- An update; Khurram Moin, USA  
Innovation in Interventional Cardiology; Jawaid Suleman USA  
Adjuvant Therapies in Non-ST-Elevation, ACS 2014 update; Syed Iqbal Rahmatullah, USA. Radiation and Cardiovascular disease; Syed Wamique Yusuf USA. Updates in PMBV; Khan Shah Zaman. Very well organized conference under the leadership of Dr Khalida Soomro, Dr Azhar Faruqi and Dr Hafeezullah. ...

(more details can be seen at the APCNA website)

